

September 2013

Columbia Garden Club



THE NEWSLETTER OF THE COLUMBIA GARDEN CLUB

# Columbia Underground

## A Note From The President

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Daylily-Simply Karen

J. Joiner 2011

### SEED AND PLANT EXCHANGE AND CARRY IN LUNCHEON SEPTEMBER 9<sup>th</sup> ----noon

What a beautiful summer! I can't remember a nicer one, until the last week or so but then we know we will have some heat in August! As I sit here at the computer, our sweet hummingbird is busy eating at the feeder. I will certainly miss him, or her, when they leave. Hopefully not for some time yet.

I will be excited to see everyone again! We will meet on Monday the 9<sup>th</sup> at noon for our carry in luncheon. I often get ask "What should I bring?" I have no idea how we pull it off but we always have a great meal. I come away with a recipe or two that I use the whole next year. If you are bringing something different, bring the recipe!

We had a wonderful garden tour this year with newer members offering their gardens. A big thank you to Annette, Patty, Linda, Janet and Barbara! Thank you also to the members who made new signs for us! They are so nice. It might be worth it to put your garden on tour just to have the pretty sign out front. It would also be great to know this far in advance that your garden will be on tour next year so you can do a lot this fall to have it ready in the spring. We would love to have as much information tied down so we can get it in the yearbook. We will have signup sheets at the meeting.

The executive board met recently to start the planning for next year. If you have not stepped up yet to serve as a committee chair person, you will be ask to do that at the meeting. We want to have an exciting year so plan to do all you can to help. We are a fairly large club and we can accomplish a lot!

Oops, more hummers and they just had a fight!

Remember, this is our annual plant and seed exchange so if you have things you can dig and bring or seeds you can gather, please bring them so others can enjoy your beautiful plants.

I won't be writing this a lot longer so wanted to show off my flower while I can. It was a beauty this summer. I can't share it yet but plan to bring a few iris and a few daylilies to the meeting. The last two Saturdays the two societies, Iris and Daylily, sold \$2,588.00 in plants at the Farmer's Markets here in town. Thank you to those of you who bought from us!  
See you Monday!

Simply....Karen



# June Meeting Minutes

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## Columbia Garden Club Meeting Minutes June 10, 2013

Members enjoyed touring the gardens of Patty Purvis, Linda Rubin, Janet Lasley, Barbara Schuette, and Annette Molitor. All gardens were uniquely designed by their owners, making for a very diverse club garden tour for 2013.

The meeting was called to order at 11:45 by Carolyn Doyle.

Minutes were approved as written.

Treasurer Evette Nissen stated that Lynn Birkby donated \$50 in memory of her mother who recently passed away. With no questions concerning the Treasurer's report it was filed for audit.

### Old Business

Karen Blackmore discussed donating a projection screen to the First Presbyterian Church. It would need to be a large screen so that people to see well. She will check with church on their wishes on placement. Gayle Fry moved to donate up to \$800 toward the purchase of a screen for the church. Barb Schuette second the motion. Unanimously approved.

Karen Blackmore thanked CGC members for the card and scarf given her when she became FGCM 3<sup>rd</sup> V.P.

### New Business

Karen moved for CGC to support putting a Blue Star Memorial in a location in Columbia. Gayle Fry second the motion. Motion carried. Barb Rothenberger, Gayle Fry, and Karen Blackmore will check into locations and cost of this memorial.

### Announcements

- Karen has *Vision of Beauty* calendars for anyone interested in purchasing. Cost is \$5.00
- Alice Havard asked for variegated shrub or tree plant material donations for the FS Symposium upcoming. Patty Purvis offered shrub material.
- Central Missouri Daylily club show is at the Columbia Public Library on June 29. Members were encouraged to enter designs for the show. The daylily must be dominate in the designs.
- Carolyn Adams encouraged members to contact her if they want to go to Longfellow's on June 20.

Meeting adjourned at 1:30

Respectfully submitted by Marie Pasley, secretary

**"September days have the warmth of summer in their briefer hours, but in their lengthening evenings a prophetic breath of autumn. The cricket chirps in the noontide, making the most of what remains of his brief life. The bumblebee is busy among the clover blossoms of the aftermath, and their shrill and dreamy hum hold the outdoor world above the voices of the song birds, now silent or departed."**

- September Days By Rowland E. Robinson, Vermont.

# Treasurer's Report

## Columbia Garden Club Treasurer's Report August 31, 2013

Beginning Balance Checking		\$5,361.43
Expenses		
Ck#1882 – MBS June Newsletter	\$2.55	
Ck#1883 – USPS – Stamps for Newsletter	\$66.00	
Ck#1884 – Carolyn Adams-Board for Tour	\$29.75	
Total Expenses		\$98.30
Ending Balance Checking		\$5,263.13
Certificate of Deposit Balance-3-1-2013		\$3,202.14
Total Assets		\$8,465.27

## Flower Arrangement Schedule

Month	Boone Library	Wyatt Guesthouse
September		Alice Havard
October	Carolyn Adams	
November	Leigh Speichinger	

As you can see on the schedule above, we have some spaces to fill. If you can take an arrangement in September, October or November, please contact Lynn Birkby at 573-443-8704 or [wbirkby@msn.com](mailto:wbirkby@msn.com).

Columbia Garden Club Meetings take place at Trinity Presbyterian Church, 1600 West Rollins Road, Columbia, MO.

Co-Presidents: Carolyn Doyle and Karen Blackmore; 1st VP: Barbara Rothenberger; 2nd VP: Connie Blackmore

Secretary: Marie Pasley; Treasurer: Evette Nissen; Parliamentarian: Carol VanVranken

Newsletter Editor: Evette Nissen—[enissen57@gmail.com](mailto:enissen57@gmail.com)

## July Yard of the Month—1108 South Glenwood

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For July, the award went to Mary Benjamin and her husband, David James at 1108 South Glenwood. David gives Mary (who is a part owner of Bluestem Missouri Crafts) most of the credit for the yard's interesting design and beautiful horticultural results. The garden features curved beds bordered with natural stone that are filled with white hydrangeas, clumps of tall perennials such as pink and white echinaceas, Shasta daisies and yellow coreopsis. The beds are bordered with liriope and colorful, predominantly red coleus, and there are other blooming flowers to be seen. The house can be immediately identified by the large medallion hanging on the front porch. It is made of recycled metal painted and laser-cut in a flower blossom shape. It was made by one of the artists featured at the Bluestem shop. Another large metal flower blooms in the side yard. What fun!

## August Yard of the Month-2505 Vista View Terrace

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## August Yard of the Month, cont.

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The August winner was without hesitation, the home of Richard and Nancy Liebman, 2505 Vista View Terrace. This is really something special in the way of garden design. It looks very professional-beautiful, artistic, PERFECT! (The Liebmans do indeed do all the work themselves! ) There is not a single straight line in the front yard-it seems a symphony of curves. Neatly edged beds filled with plants selected for their contrasting leaf shapes. There is some color provided by low annuals but the big picture stems from the incredible flowing bed shapes. The white stucco house with its unique front tower stands out above a green sea. Marvelous!

## September Yard of the Month-917 Ash

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September's winner is the yard at 917 Ash, on the corner of West Blvd., recognizable by the white split rail fence running along the Ash Street front. Spring blooming shrub viburnums and knockout roses border the fence on the outside. Big Blue liriopoe edge the sidewalks. A bed of yellow mums circle an old, high-pruned cedar in the side yard with a bird bath underneath. The back yard, with a deck, is already shady and provides a pleasant outdoor living space. A number of reclaimed wood flower boxes are located in various places around the deck and the old fashioned front porch. These boxes contain a variety of wildflowers and easy-blooming annuals which served as decoration for the couple's June wedding! The front porch also features a pair of antique wicker armchairs and matching topiaries framing the front door. The owners of the home are newlyweds Tom and Cindy Downes. The house was bought by Tom seven years ago to use as a rental investment. However the couple decided to move in and rehab it for their own home, doing most of the work themselves. When Tom purchased the house, the yard was stark and empty. Some of our members drive by this house often and they have watched it being transformed by Tom and Cindy. The first step they took was to add shade-they have planted seven or eight trees, 3 Cleveland pears, 2 sugar maples, 2 purple plums and a sweet gum. They have already done wonders with this little house.

A special THANK YOU to Carolyn Swope and Emily Bonwich for all of their time spent finding the yards for Yard of the Month and to Emily for writing the beautiful descriptions of the yards.

## Harvest Your Roses?

Even though rose flowers may be fading from the limelight, the time is right for harvesting your roses—rose hips, that is. Rose hips are those small red fruits that form when you allow rose flowers to mature on the plant rather than snip them off as they fade. These fruits not only have ornamental value but are a bountiful source of vitamin C.

Just about any type of rose will produce a hip if flowers are allowed to mature on the plant. But some roses produce particularly large hips, making them more convenient for eating or processing. *Rosa rugosa*, an old-fashioned rose grown particularly for its fragrance, produces hips as large as crab apples. Other roses recommended for their hips include dog rose (*Rosa canina*), sweet briar (*Rosa eglantheria*), *Rosa acicularis*, Cinnamon rose (*Rosa cinnamomea*), and *Rosa moyesii*.

Gather rose hips when they are completely ripe but not overripe. The hips should turn from orange to red but not yet dark red. Make your harvest only from plants that have not been sprayed or dusted with fungicides or insecticides.

Rose hips can be eaten raw if you have a taste for the very tart and don't mind battling the many seeds. Or they can be used to flavor teas, jellies, jams, or other cooked products.

From *Possum in the Pawpaw Tree*

## Rose Hip Tea

*makes about 2 servings*

### Ingredients

12-15 rose hip berries

2 1/2 cups water

### Instructions

Place washed rose hips into a small pot and cover with the water. Bring the water to a boil and let boil 3-5 minutes. Turn off the heat and use the back of a spoon to smash open each rose hip. Let them steep in the water for 20 minutes. Turn the heat back on to warm the tea. Pour through a coffee filter into two mugs. Enjoy!

From *eatingrichly.com*

Karen's note led me to do some research on how to identify the male and female ruby throated hummingbirds. The results are below. Information from learner.org



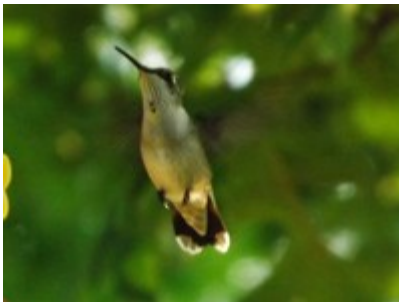
**Adult Male**

Crown: metallic dark green.  
Throat: metallic ruby-red  
Back: metallic green or bronze-green  
Wings: near-black  
Breast and belly: usually brownish-gray  
Flanks: metallic bronze-green  
Tail: Forked. Feathers pointed and all dark (no white tips)



**Adult Female**

Crown: metallic dark green  
Throat: white, or with occasional faint tan streaking  
Back: metallic green or bronze-green  
Wings: near-black  
Breast and belly: white  
Flanks: light brown  
Tail: Fan-shaped. Feathers all rounded, with white tips on the outer 3 feathers on each side of tail.



**Juvenile Male**

Looks identical to adult female, except:

Throat usually has some dark streaking (green or black, sometimes tan) that appears later in summer. Nearly all birds with noticeably streaked throats are young males.

Throat of some young males may show one or several red throat feathers in late summer, but do not get a full red gorget until their first winter.



**Juvenile Female**

Looks identical to adult female.

## Upcoming Events

September 5-Tomato Festival at Bradford Research Farm—4:00-6:00

September 7-Taste of Local Missouri Food Festival-Flat Branch Park—4:00-8:00

September 9- Columbia Garden Club Meeting—Annual Potluck Luncheon—12:00



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