

“Columbia Underground”

Member: National Garden Club, Federated Garden Clubs of Missouri, and Central District

Editor; Marie Pasley

Upcoming Events

March 9 @ 1:00 pm at Trinity Presbyterian Church 1600 W. Rollins, Program: “Plant Propagation” presented by Marie Pasley, Advanced Master Gardener

March 5-“Hometown Habitat” presented by Mizzou Botanic Garden & CAFNR check below for more info

March 13-15 Art in Bloom, Mizzou North

May 4-6 FGCM State Convention, Cape Girardeau. Details in the winter Garden Forum.

May 14- Central District Spring Meeting, Lake Ozark

May 22-24 Flower Show School Course 3

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Columbia Garden Club - March 9 Meeting

Marie Pasley, Advanced Master Gardener and member of CGC will present a program on “Plant Propagation”. She will discuss methods of planting seeds and discuss how to rejuvenate your houseplants or share plants with others.



“Black-capped Chickadee”

Description: 4 ¾ “-5 ¾” black cap and throat, white cheeks, gray back, dull white underparts. feathers edged with white.

Habitat. Deciduous and mixed forests, and open woodlands, suburban areas in winter.

Nesting: 6-8 brown-speckled white eggs in a cup of grass, fur, plant down, feathers, and moss placed in a hole in a stump or in a bird box.

“Don’t count the days, make the days count”

“Hometown Habitat”

Presented by Mizzou Botanic Gardens and CAFNR. March 5th, 7 pm at the Christopher Bond Life Science Center. This program will discuss the benefits of planting native plants in our yards. Free to the public. Free parking in the Virginia Avenue garage.

Flower Show School Course 3

Flower Show School Course 3 will be held on May 22 to 23 at Boone County Extension. Anyone can take the flower show school with or without credit. We will be studying Illuminary and Tubular design types along with hosta and African violets in horticulture. If you want more information contact Marie Pasley for a flyer.

FGCM State Convention May 4-6 in Cape Girardeau

Attending the state convention is a wonderful time to network with other gardeners in our state. There will be some interesting programs and speakers. Details of the convention are listed in the winter *Garden Forum*. Send in applications early for best room and program slots. Several CGC members will be attending and carpooling is usually available.

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The "Lavender Lifestyle" is real!
(<https://ngb.org/year-of-the-lavender/>)

Everywhere you look, people are incorporating this multifaceted plant into their daily lives: It's seen in gardens, as well as in kitchens and décor. It's even a special part of health and wellness routines. The texture, scent, attractiveness, and overall usability of lavender make it one of the most versatile plants you can grow. **Lavender** is a member of the mint family (Lamiaceae) and is found in many regions around the world, especially temperate climates. The most common types are English lavender (*L. angustifolia*) and Spanish or French lavender (*L. stoechas* or *L. dentata*).

English lavender blooms sit on spikes rising tall above a gray-green base of leaves. Both the florets and foliage are heavily scented. The plants flower mostly in pink-purple colors, but some silver-white varieties exist as well.

Spanish and French lavender are natives to the Mediterranean where they grow evergreen. Their leaves are longer and gray-green, and the taller flower stems are topped with thicker pink-purple pinecone-like flower clusters crowned with similarly colored bracts.

Ideal Growing Conditions:

Lavender grows best in full sun in dry, well-drained soil; it does not like saturated roots. Adding inorganic

mulches, such as gravel or sand, could help the soil conditions for a successful lavender bed. All lavender types need little or no additional fertilizer, and it is a good practice to provide air circulation.

In Your Garden

Planting lavender as a front border means you'll see it up-close. Lavender can also be planted in a mixed patio container with other sun-loving plants, or by itself as a fresh way to scent the air in a small space.

DIY

The flowers and leaves of lavender plants are used in many herbal medicines and self-care regimes.

Homemade projects and recipes include herbal teas, culinary spices, essential oils, aromatherapy, balms, and more. It is widely added to bath salts, soaps, soaks, perfumes, etc., for a fresh fragrance and calming effect. As a strong-scented herb, dried lavender florets can also be used to repel pests in the garden, or even in the home closet as a fragrant sachet pillow that can ward off moths.

All of these uses add up to quite a versatile and enjoyable flower that's become a must-have in gardens and homes around the world. And it's easy to see how 2020 can be your Year of the Lavender

(<https://ngb.org/year-of-the-lavender/>) !

JUST A FEW OF THE MANY LAVENDER VARIETIES (<https://ngb.org/lavender-pictures/>)
<https://ngb.org/lavender-pictures/>

Columbia Garden Club Minutes

The Columbia Garden Club met on February 10, 2020 at Trinity Presbyterian Church at 1 p.m. with 27 members attending and one guest, Bill Hires.

Meg Melanick, a PhD candidate in Art and Archeology at MU presented the program on Vaux-le-Vicomte and Stowe Gardens. Vaux-le-Vicomte is a garden 25 miles southeast of Paris that was built in the 17th century and is a French formal style garden. Stowe Garden is a garden 68 miles northwest of London and was built in the 18th century. Meg did a presentation comparing the two gardens.

Refreshments were served and hostesses were thanked for the delicious treats—Leigh Speichinger, Karen Blackmore, Kay Kern, and Alice Havard.

The meeting was called to order at 2:30 p.m. by President Betty Connelly. Inspiration was given by Mary Nesladek: "If you garden, you think about gardens. Ideas keep manifesting themselves; they seep into your mind often when you are nowhere near a garden." By Mirabel Osler.

Design tip was presented by Barb Schuette— Rhythm, which is an element of design. Rhythm is the visual path that carries the eye through the floral design; it brings life and the illusion of movement to a design. Barb gave a handout on rhythm.

Business: Minutes of the previous meeting were approved as presented.

Evette Nissen, Treasurer, reported that our balance is \$9,089.08. We collected dues of \$20 at today's meeting. Expenses paid since December include: \$50 Trinity Presbyterian Church (two meetings), \$60.28

Committees

Garden Therapy—Barb Rothenberger (Bluffs)

February 13 is the rescheduled date to make valentines at the Bluffs,

Scholarship . Rita Gerke applications are due March 1.

Announcements— Mid-Mo Expo at Battle High School from 9-3, February 29. There are various workshops on Small Farm to Backyard Gardens. This is a fund raiser for Boone County Extension. Marie Pasley will send out more information on the workshops available. CGC will have a booth and we need members to sign up the help with this, and the sign-up sheet will be e-mailed to members.

- Blooming Bus Tour—There are a few spots left to go on the Blooming Bus Tour April 26-May 2.
- The 87th Annual FGCM State Convention will be in Cape Girardeau May 4-7. Let Betty Connelly know if you are going. More information is available in "The Garden Forum" or on the website.

-We are in need of more gardens for the June member's garden tour. Contact Betty to volunteer your yard.

Meeting adjourned at 2:50 p.m.

Respectfully submitted

Mary Nesladek

