

June 2024

Columbia Underground



COLUMBIA GARDEN CLUB

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President's Message

As a reminder, our June 10th meeting is touring of members' gardens. The tours begin at 9 am and Betty has sent out emails with detailed instructions. If you have not already done so, please check your email! Remember to bring your lunch, your drink, your chair, and dress comfortably. The tours end at Diana Cooksey's home where we will have lunch, a short business meeting and time to visit with each other. And I bet we have a few uninvited cicadas join us so be aware of that and bring a hat!!

July is the flower show and Karen Blackmore has sent out an email (via Evette) looking for members to create designs for the show. If you have any questions about the design classes or their descriptions, please contact Karen as soon as you can. She has 19 designs yet to fill the show.

I need to get a committee rounded up to help plan the Central District Spring Meeting in 2025 hosted by our club in Columbia. The first order of business is securing a location and date so it can be announced at the Central District Fall Meeting in September in Centralia. All the other details can be discussed in the coming months. Time is flying by exponentially so I certainly would appreciate help from those members that have done this before or members that are up for the challenge.

June brings sunny and hot days with barbecues and time spent with family and friends. I am looking forward to the garden tour as we kick off the summertime fun!

Donna

Member Information Updates

Linda O'Keefe—New Phone Number-573-489-6117

May Minutes

The Columbia Garden Club met on Monday, May 13th at 12 noon with 25 members and one guest in attendance. A delicious carry-in lunch was enjoyed in celebration of all the hard work put forth in April and May. The plant sale and the FGCM State Convention were both very successful events.

Donna Puleo called the meeting to order and our guest Laura Powell was welcomed. Laura attended with Cathy Fulkerson. Donna thanked all of those who worked so hard on the plant sale and convention. Special thanks were given to Marie Pasley, Linda Antal, Betty Connelly, Karen Blackmore and Barbara Rothenberger. Inspiration was given by Diana Cooksey. Members having birthdays in May are Lynn Birkby, Karen Blackmore, Diana Cooksey, Hugh Harrison and Linda O'Keefe.

The minutes of the previous meeting were to have one correction. The Flower Show is scheduled on July 13th not May 13th as the minutes stated. The minutes were accepted as corrected.

The treasure's report was given by Mary Nesladek with a balance of \$14,201.13 for March through April 30, 2024. Mary also reported a profit of \$1806.10 from the Plant Sale.

Committee Reports:

*Betty Connelly reported on the **Plant Sale** and thanked everyone for helping make it a success.

*Betty Connelly reported on "**Art In Bloom**". Betty Connelly, Rebecca Smith, Connie Blackmore and Karen Blackmore entered this arrangement and were rewarded the "**Truman's Choice Award**".

*Marie Pasley reported on the **FGCM State Convention**. *Donna Puleo announced all awards and certificates received by CGC at the convention. Our Central Region Director, Lynne Ehnert threw out a challenge to plant a tree. If anyone has planted a tree this year please send Donna an email.

*Betty Connelly reported on our June garden tour. Donna Russell is getting our informational booklet together and will be sending out an email. Everyone should plan on bringing their own lunch, drink and chair.

*Donna Puleo reported on **Clean Up Columbia**.

*Marie Pasley reminded everyone about volunteering at the Food Bank on the 4th Tuesday of the month from 11-1pm.

*Marie Pasley reported on tiny bouquets for Meals on Wheels. They would be happy to have us do this again and we can do this in August if we want.

*Rita Gerke reported we have three scholarship applications.

Upcoming Events

CGC Flower Show – Saturday, July 13, 2024 -1:00PM to 4:00 PM

Bloomin Bus Tour – March 4-8, 2025

FGCM State Convention - April 21-24, 2025 in Springfield, MO.

Program- Betty Connelly distributed the booklets for the CGC Flower Show. Design tips and demonstrations were given by Barbara Rothenberger, Barb Schuette, Carolyn Oates and Alice Havard.

Respectfully submitted,

Diane Linneman

Blooming Bus Tour



Philadelphia Flower Show

MARCH 4-8, 2025

Featuring the History of Philadelphia's Essential Role in Our Nation's Birth

Join your friends from the Federated Garden Club of Missouri for a visit to the spectacular Philadelphia Flower Show, a must for horticulture fans from around the world! Experience the history and flavors of Philadelphia on this expertly planned and guided tour designed specifically for the Club.

DAY 1: FLY TO PHILADELPHIA *D*

DAY 2: PHILLY HISTORY

Visit Independence Square, the heart history in Philadelphia, including a visit to Independence Hall where the Declaration of Independence and the U.S. Constitution were signed. See the Liberty Bell and enter Congress Hall, home of the U.S. Congress from 1790 to 1800 to hear about the people who worked to solidify a young nation's independent footing. Opened in 2017, the Museum of the American Revolution tells the dramatic and surprising story of our break from England. *B, D*

DAY 3: PHILADELPHIA FLOWER SHOW

Enjoy an entire day exploring the Show, the oldest and largest indoor flower show in the world! From large scale gardens to individual club entries of prized specimens, the Philadelphia Flower Show is highly competitive for entrants, and includes the popular Garden marketplace where visitors can buy plants and seeds. *B*

DAY 4: LONGWOOD GARDENS, WINTERTHUR ESTATE

The Winterthur Museum & Garden features 175 period-room displays and over 90,000 objects, prints, and other Americana assembled by generations of the venerable Du Pont family. Described as "the largest and richest museum of American Furniture and decorative arts in the world.", Winterthur has something for everyone! Enjoy a narrated tram ride through the extensive Winterthur Garden. One of the premier horticultural gardens in the US, Longwood Gardens features native and exotic plants in both indoor and outdoor settings and attracts over a million visitors a year! *B, D*

DAY 5: RODIN MUSEUM AND GARDEN, PHILADELPHIA MUSEUM OF ART

Take the Ben Franklin Parkway downtown to visit the Rodin Museum, home to almost 150 pieces by the renowned sculptor, many of which are displayed in the formal Garden surrounding the Museum. Ascend the steps made famous by brawler Rocky Balboa (and see the statue at the east entrance to the Museum!) to visit the Philadelphia Museum of Art. *B* 🌟



TOUR DETAILS

5 Days • 7 Meals

Mar 4-8, 2025

Price Per Person:

DB \$1,999, SG \$2,299

Depart/Return:

COMO/STL

HIGHLIGHTS

- Full day at the Flower Show
- Independence Square
- Museum of the American Revolution
- Longwood Gardens
- Winterthur Estate
- Rodin Museum
- Excellent local dining
- Direct flights from St. Louis to and from Philadelphia
- Convenient Columbia, MO and St. Louis area pickups

INCLUSIONS

- Roundtrip air from St. Louis
- Professional Sunrise Tour Director
- Meals, activities and entrances as indicated
- Taxes and gratuities on included meals

ACCOMMODATIONS

Nights 1-4: Delta Hotel by Marriott, Philadelphia Airport



SUNRISE TOURS
12166 Old Big Bend Road #99
Saint Louis, MO 63122

Call 314-916-6002
to reserve your spot!

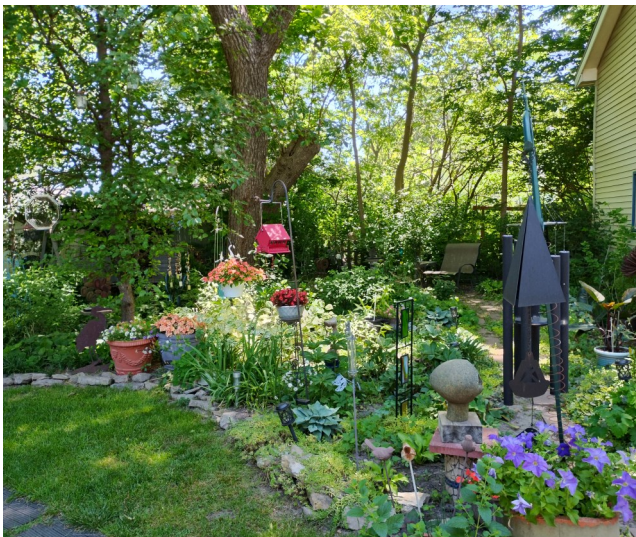
www.TravelSunrise.com

June Yard of the Month

The Columbia Garden Club June yard of the month belongs to Carla McFarland at 1615 Amelia St. Carla and her husband Jack moved into the house 30 years ago and were both interested in changing the lawn into a flower garden. Carla has continued to add to the garden after Jack passed away, and with the colorful flowers, imaginative containers, and garden decorations she has artfully converted her yard into a lovely area for gardening or just sitting and enjoying. Carla has a variety of perennials, annuals, native and exotic plants including Japanese roses, poppy mallow, Lenten roses, native Columbine, and petunias. She likes to landscape with containers also because they add different heights to give the garden more depth and complexity. Carla loves to go to nurseries and buy plants. She finds that she both adds and replaces plants every year, but since she loves digging in the soil, she is happy once spring comes around. Carla thinks that before the neighborhood was formed that the original farm horse pasture was where her house sits. With all that horse manure already there, she finds that she doesn't have to fertilize. She does as much watering as possible from her rain barrels. A high fence surrounds her back yard, and with that feature and her dog and cat, she doesn't have animals eating her flowers or the vegetables she grows. Her main challenge is weeding. Carla is an artist who makes beautiful stained glass, and her artistic talent shows in her garden, making this yard a colorful and cozy place to live. Drive by and take a look!

Submitted by Ann O'Dell

Pictures by Ann O'Dell



Master Gardener State Meeting



Sept. 27-28-29, 2024
St. Joseph, Mo.

MOMGA'24

Join Northwest Missouri
Master Gardeners for a fun and
educational weekend featuring

keynote speaker

Dr. Doug Tallamy

CLASSES INCLUDE

No-Till Gardening • Foraging
Native Pollinators • Growing Orchids
Garden Design & Cut Flower Gardens
Aging in the Garden

*Plus Hands-On Workshops
& Advanced Training Classes
Gardener's Marketplace
Private Garden & Historical Tours
Taste of St. Joe*

*You do not need to be a
Master Gardener to attend*

Registration Opens March 1

Find more information at momga.org

Environment and Conservation Column

With the weather warming up, many people are now making time for spring cleaning. While often we associate home cleaning supplies with synthetic scrubbers and harsh ingredients packed in plastic packaging, it's far healthier to clean without the plastic and toxic chemicals.

Conventional cleaning supplies contain toxic chemicals like ammonia, bleach, phthalates, triclosan, and more, in addition to the thousands of chemicals present in plastics. Some cleaning products also contain or shed plastic particles that pollute the environment and our bodies. Chemicals and plastics found in common cleaning supplies—including some synthetic products labeled “green”—have been connected to a number of serious health issues, including cancer, heart disease, hormone disruption, and respiratory illnesses.

You can avoid harmful chemicals and plastics by incorporating nontoxic and zero-waste principles into your cleaning routine. Luckily, it's quite easy to do so, with many healthier, plastic-free cleaning options highly accessible, DIY-friendly, and available at an even lower cost than most conventional options.

What to Look For: Nontoxic, Plastic-Free Cleaning Supplies,DIY

When you're looking for healthier cleaning supplies with just one or two ingredients to make yourself, the first step is to think simply. Look for tried-and-tested cleaning ingredients that do not expose you to toxic chemicals and plastics. These include:

- Baking soda, in cardboard — a great all-around cleaner, especially in the kitchen and bathroom
- Castile soap, in paper or glass — excellent nontoxic soap
- Citrus peels (lemon or orange) — work well when added to vinegar as a cleaning solution
- Coffee grounds — useful for abrasive needs, such as scrubbing pans
- Cornstarch, in cardboard — a great glass cleaner
- Essential oils, in glass — adds scent and cleaning properties to vinegar and water solutions
- Olive oil, in glass — works for stain removal in fabrics
- Salt, in glass or paper — useful abrasive for tile cleaning
- Soap nuts, in paper, glass, or canvas — for washing clothes or dishes without detergents
- Vinegar (apple cider or white), in glass — a super all-around cleaner, dilute 1:1 with water
- Vodka, in glass — good for disinfecting and cleaning glass
- Washing soda, in cardboard — use instead of laundry detergent

Some of these cleaning items can be used on their own or by scrubbing with a little water, like baking soda, while others may be combined, such as vinegar and citrus peels, to maximize cleansing properties. With many of these cleaning items also commonly found in the kitchen, chances are, you have at least some already in your home. If not, you can find many of these items in grocery stores or at your local food pantry. Whenever possible, avoid purchasing cleaning supplies in plastic containers and packaging, and instead try to buy in bulk.

Environment and Conservation Column, continued

How to Store and Use Cleaning Supplies

There are many plastic-free ways to store and use your cleaning supplies. Reuse glass jam or pickle jars to hold dry or wet items until they are ready to use. For dry items, add a metal or wooden scoop. Glass-and-metal sprayers are a sturdier alternative to the plastic type and useful for spritzing the cleaning liquids on surfaces. Store coffee grounds and citrus rinds in the fridge until you're ready to use them.

When you're ready to clean, hop online to learn about the many ways you can use the simple ingredients above to keep your home clean. When you're ready to dive into your spring cleaning, equip yourself with any mix of the following items:

- Bamboo and natural bristle toothbrushes for hard-to-scrub areas of your home
- Coconut fiber, cellulose, and sea sponges
- Cotton rags, made from old towels or t-shirts
- Glass-and-metal sprayer
- Metal bucket
- Metal dustpan
- Wooden and natural bristle broom
- Wooden and natural bristle scrubbers
- Wooden string mop

Some of these items can be found in secondhand stores for a reduced price compared to buying them new.

Ready-made Options

If DIY is not your thing and you'd rather purchase ready-made healthier cleaning products, Plastic Pollution Coalition Business Members offer some excellent options: Blueland; EarthHero; I'm Plastic Free; Life Without Plastic; Meliora Cleaning Products; PlanetCare Refill. Zero-waste shops are another excellent place to find healthier, plastic-free cleaning supplies. In Columbia try "The Clean Refill" at 3601 Buttonwood Drive.

Beware of False "Greenwashed" Solutions

As with most categories of stuff, if you look closely at the available selection of cleaning products available today, you'll find greenwashed options among real solutions. If you're looking to purchase cleaning products, check the ingredients lists to avoid plastics and toxic chemicals. This means avoiding microplastics, PEG (polyethylene glycol), phthalates, and PVA or PVOH (polyvinyl alcohol), as well as ammonia, chlorine and chlorinated chemicals, phenols, phosphates, SEA, SLS, SLES, TEA, triclosan and triclocarban.

While polyvinyl alcohol (PVA) is frequently praised as a "degradable" plastic, in reality it does not live up to its eco-friendly reputation. PVA poses a number of environmental and health risks that call into question its status as an ecological solution, despite its claimed degradability.

Article from: info@plasticpollutioncoalition.org

Contributed by Melissa Kouba

FGCM State Convention



Our President, Donna Puleo accepting the Kay Schaefer Creative Standard Flower Show Award.



Design Program

June Meeting

Our June meeting is a Garden Tour of 5 of our member's gardens. You should have received an email from Betty Connelly telling what group you are in and which garden you are attending first. We will all end up at Diana Cooksey's house for lunch and a short business meeting. Please bring your lunch, something to drink and a chair.

Upcoming Events

June 4-How to Bring Back the Buzz of Insect Pollinators on Flowering Plants-Columbia Public Library-11:30-1:00

June 8-Grow Native Open House-Native Gardens of Excellence-1-4

Gardens in Mid-Missouri you can tour include: Southern Boone County Public Library in Ashland; Mayor's Native Plant Garden at City Hall in Columbia; Native Plant Outdoor Laboratory at Lincoln University in Jefferson City.

June 22-Butterfly Festival-Jefferson Farms-10-3

June 22-Farm Your Yard Field Day-Columbia Center for Urban Ag-2-5

Why Was June Made
By Annette Wynne

Why was June made?—Can you guess?
June was made for happiness!
Even the trees
Know this, and the breeze
That loves to play
Outside all day,
And never is too bold or rough,
Like March's wind, but just a tiny blow's
enough;
And all the fields know
This is so—
June was not made for wind and stress,
June was made for happiness;
Little happy daisy faces
Show it in the meadow places,
And they call out when I pass,
"Stay and play here in the grass."
June was made for happy things,
Boats and flowers, stars and wings,
Not for wind and stress,
June was made for happiness!

Columbia Garden Club
President: Donna Puleo
1st VP: Diana Cooksey
2nd VP: Linda Antal
Secretary: Diane Linneman
Treasurer: Mary Nesladek
Parliamentarian: Carolyn Doyle

Columbia Garden Club meets the second Monday of each month at 1:00 at Trinity Presbyterian Church

Website:
<https://www.kewpie.net/colgrdnclub/cgc.html>

Facebook: Columbia Garden Club

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